



Donnybrook Recreation Centre

Rules & Regulations

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Swimming Pool Conditions of Entry

- This is a user pay facility, users 2 years and up must pay.
- Children under 11 must be directly supervised by an adult.
- Abide by all signs, they are there for your safety and comfort.
- Adults must be in the water with children who rely on swimming aids and who are not competent swimmers.
- Glass bottles or other articles containing glass and sharp objects are not to be brought into the Pool area.
- No alcohol is to be brought into the facility.
- The Shire and Centre Manager reserves the right to refuse entry to any person at any time or to remove any person who is reasonably suspected of disruptive or disorderly conduct including but not limited to; verbal or physically threatening staff or other patrons, swearing and gaining or attempting to gain unauthorised and/or wrongful access.
- Children who are not toilet trained must wear an appropriate swimming nappy.
- The use of all cameras or filming, including those on mobile devices, is prohibited in all areas unless prior approval is obtained by facility staff.
- Security cameras operate within this facility and patrons may be filmed.
- We always welcome anyone to visit and enjoy the Donnybrook Recreation Centre (DRC) and its facilities. This is a place of respect for all clients, employees, and visitors, and bullying or violence of any kind will not be tolerated on these premises.

These terms and conditions may change at any time without notice.

Stadium Conditions of Entry

- Payment must be made at kiosk reception prior to entering the stadium.
- Children under 11 must be directly supervised by an adult.
- Food and drink are not allowed on DRC playing surfaces, except water bottles.
- No alcohol is to be brought into the facility.
- Centre Management may refuse entry to any person at any time.
- Non-marking, enclosed sport shoes must be worn at all times on playing surfaces.
- Appropriate fitness clothing must be worn at all times throughout the DRC.
- Abuse towards staff and other court users will not be tolerated. This includes swearing and use of inappropriate language.
- The use of cameras and recording devices are not permitted without prior written consent from Management.
- The use of glassware or glass items in or around the stadium is strictly prohibited.
- Please report any damages or injuries that may occur to DRC staff.
- All groups hiring areas of the DRC must abide by all DRC policies, including those listed in the Facility Hire Form.

Gym Conditions of Entry

- Patrons under the age of 16 are not permitted to use the gym.
- Anyone under the age of 18 must have parental/guardian permission to use the facilities.
- Appropriate gym attire and enclosed footwear must be worn at all times.
- Gym users are required to bring their own towel with them.
- Please return all weights and equipment to their correct storage space.
- In the case of an accident or injury occurring, please report it to DRC staff immediately.
- Please be respectful of other users.

24-Hour Specific Conditions of Entry

- All of the pre-stated gym conditions of entry apply.
- Access to the gym outside of DRC open hours is only available to members of the DRC who have completed the 24-hour gym induction and have been provided with an access card.
- 24-hour access is only available to patrons aged 18 years and over.
- All membership terms and conditions must be adhered to at all times.
- Members must sign-in and out of the gym on the sheet provided.
- Personal training sessions of any form are not to take place outside of the DRC opening times.
- Changing rooms and toilet facilities are not available outside of the DRC standard opening times.
- Access keys provided to members are not to be shared or passed on to any other persons, regardless of whether they are a member of the DRC.
- Access through the emergency exit door are to be used in a n emergency only.
- Upon termination or expiration of a 24-hour membership, key cards must be returned to the DRC within five (5) business days.

Membership Terms and Conditions

Membership Policies and Procedures

- Membership is based on the entitlement to use of the facilities and services of the DRC, not their actual use. Failure to avail the use of the facilities does not absolve the member from their responsibilities under this agreement.
- Concessions apply only to patrons holding a valid Pensioners/Seniors card, with proof to be provided and photocopied for recording purposes upon application.
- All memberships have a 'cooling off period' of 7 days. A client may terminate an agreement without a required explanation during this period, but a notice of termination must be provided in writing. Please be aware that there is a non-refundable cancellation fee of up to \$25 during this time frame for upfront payments.
- Memberships require a photo of the associated member to be taken and added to the DRC membership system upon registration.
- Each member must validate their membership on each visit to the DRC by tagging in at reception upon arrival.
- The downgrading and upgrading of a membership is entirely up to Manager discretion.
- Memberships are not transferable between family members or other patrons.
- Membership entitlements vary and only include Centre-run programs. If you are unsure about memberships inclusions and exclusions, please ask our friendly DRC staff for assistance.
- Membership fees are subject to annual review and, therefore, are subject to change. Members will be advised of fee adjustments, and copies of the current Fees & Charges are available on the Shire of Donnybrook Balingup website – please visit www.donnybrook-balingup.wa.gov.au for more information.
- Please wipe down gym equipment after exercising using the sanitiser and paper towel at the front of the gym.

Gym-Only Memberships

- Patrons who have this membership may only utilise the gym facilities at the DRC.
- Members are also eligible to receive discounted group fitness prices.
- Patrons must be 18+ to have 24-hr access to the gym. Patrons must be 16+ to use the gym facilities at any other time (visit the DRC pages on the Shire website above for our open hours. Please note that we are closed on Sundays and public holidays).
- Members must use the clips provided to secure plates on barbells and must always remove weights from machines and bars in a safe manner.
- Users must observe the gym and facility rules, and ensure they leave the gym in a safe, tidy manner.
- Members are required to wear appropriate fitness attire (enclosed shoes, shirt, etc.) and bring their own towels to each session they attend.

Swim-Only Memberships

- Patrons who have this membership may only utilise the pool facilities at the DRC.
- Members are also eligible to receive discounted group fitness prices.
- This membership only applies to the use of the pool for casual swimming. Swim Club and Swim School enrolments will incur their own fees/charges.
- Users must always abide by the pool conditions of entry.

Gym & Swim Memberships

This membership is only available to patrons 16+. In addition to the above, this membership also includes:

- a) Free entry to the Kid's Creche during open times (the child/children attending must be registered in our system),
- b) Discounted Group Fitness Class entries (visit our website for the current timetable & class options),
- c) Free entry to the Strength For Life classes (certain conditions apply for members to be eligible).

Please note that use of the stadium and other courts/facilities at the DRC are otherwise not included in this membership and will incur their own fees/charges. Please ask our friendly DRC staff for assistance if you require more information.

On Hold / Cancellations

Up front memberships may be put on hold or terminated at any time within the duration of the membership. Direct Debit memberships cannot be put on hold until after three (3) months have lapsed (unless with a doctor's certificate), and cannot be cancelled within the first three (3) months. No refunds will be given for a cancelled/held membership.

All on hold applications must be received a week prior to the start of the hold date, and must be for a minimum of two (2) weeks. Memberships cannot be on hold for more than 12 weeks total in a 12-month period.

If you have been advised to cease use of the gym for medical reasons by your doctor, then you may freeze your membership for a period of up to three (3) months, but a doctor's certificate must be provided.

Fly-In Fly-Out (FIFO)

- FIFO memberships are only available as direct debit (not available as an upfront membership).
- Applicants for a FIFO membership must provide a letter from their employer containing proof of their FIFO work status.
- Penalties will apply for any member who does not inform the DRC if their work as a FIFO employee ceases.
- This membership only allows access to the gym facilities at the DRC.

Direct Debit (DD) Memberships

Direct Debit (DD) payments will continue to be withdrawn from the member's nominated account fortnightly for a minimum of three (3) months unless terminated during the aforementioned 'cooling off period.'

No cancellation fees apply to Direct Debit membership terminations, but a non-refundable fee of up to \$25 is required upon signing up, even during the abovementioned time frame.

Termination of a DD membership requires 14 days notice, therefore incurring one final payment.

In the case of unforeseen permanent illness or physical injury by use of the DRC facilities, a doctor's certificate is required to terminate the membership and the payment of any unpaid fees.

All members who choose the DD option are required to fill out a form with the DRC's third party Direct Debit Payment provider, Ezdebit, and are subject to the fees and charges as outlined on said form.

If fees are not able to be withdrawn from the nominated account, or a termination of payment not in line with the membership agreement has taken place, the patron may be liable for a breach of contract and a dishonour fee may be payable by the patron in question.

Centre Sports

Centre Competition Policies

- Players must be registered on the Team Nomination Form to play. (See DRC staff if unsure).
- Fill-in players are allowed but must register their name on the fill-in sheet at the kiosk.
- A player that plays more than a third of the fixtures must be put on the Team Nomination form.
- A player must play one-third of the season's fixtures to be eligible to play in the finals.
- There is a \$55.00 Team Nomination Fee which is due by the 3rd round.
- Each team has a \$55.00 Fee Per Game. This must be paid in one payment PRIOR to game commencement.
- The length and duration of the season will depend on the number of teams that register.
- Forfeit rule: a call must be made to the DRC in order to forfeit. The following fees will be payable if the notice of forfeit is received late.
 - a. Less than 24hrs notice – half of the game fee (\$27.50)
 - b. After 2pm on game day – the full game fee (\$55.00).
 - c. No notice of a forfeit – double the match fee (\$110.00)
- The Centre strongly recommends that you consult your doctor if you have any doubts whatsoever regarding your participation in any activities in the Centre.
- Should any injured person require first aid, it should be brought to the attention of a DRCstaff member for assistance. The Centre staff will call emergency services if they deem it necessary. Injured parties will be liable for any costs that may result.
- Camera and video equipment are not to be used in the Centre unless prior written permission has been sought from the Centre Manager.
- Players and spectators are required to observe the gym and facility rules. All users must wear enclosed shoes and wear a shirt matching their team colours.
- All players must be a minimum age of 14 years of age.

Mixed Netball Rules

- Standard netball rules apply (as per the *World Netball: Rules of Netball*) and the umpire's decision is final, no arguing or abuse will be tolerated.
- All player's names must be recorded on the score sheet to validate each game.
- Fill-in players are allowed, but they must register their details on the fill-in sheet at reception.
- A maximum of 3 males from each team are permitted on the court, each in 1/3 of the court, i.e.:
 - a. 1 male GK or GD
 - b. 1 male C or WD or WA
 - c. 1 male GA or GS
- Netball bibs are available for use and if there is a clash of colours.
- No jump shots or lay-ups allowed.
- Quarters last 10 minutes with a 2 minute rest between each quarter.

Indoor Soccer

Team Rules

- Teams can have a maximum of 5 players on the court at once and a minimum of 3. If a team has less than 3 players, the game will be forfeited.
- A maximum of 10 players can be registered onto an application form.
- Teams can be mixed. There is no limitation on the number of male or female players per team.
- Games will be played in two 20-minute halves, with a 2-minute half-time break.
- 3 points will be awarded for a win, 1 point awarded for a draw, and no points for a loss.
- In the result of a team forfeiting a game, the opposition will receive a 3-0 win and 3 points.
- The referee's decision will be final, with the referee having the ability to card players. 2 yellow cards or 1 red card in a game, they will be expelled from the and may miss the next game, depending on the severity of the send-off.
- All users must wear enclosed non-marking shoes and wear a shirt matching their team colours.
- A more comprehensive set of rules produced by the Donnybrook Recreation Centre will be provided after registration.

Specific Gameplay Rules

Field and Boundaries

- The field of play will be bounded by the lines indicative of the netball court, with the 'D' forming the keepers area.
- The ball may also not exceed the 2.9m height limit as indicated in the stadium.
- The entire ball must have passed over the line for the ball to be out. If any part of the ball is in-line with the boundary it is still in.
- Time will not be stopped unless it is deemed necessary by the referee.
- If a ball has gone out of play, the team bringing the ball back in must play the ball within 4 seconds of putting the ball on the spot.
- Any disputes regarding a ball being are to be settled by the umpire whose call is final.
- Teams can be mixed. There is no limitation on the number of male or female players per team.
- 3 points will be awarded for a win, 1 point awarded for a draw, and no points for a loss.
- In the result of a team forfeiting a game, the opposition will receive a 3-0 win and 3 points.

Kick-off

- A kick-off happens at the start of each half or after a team has scored a goal and all players must be positioned in their own half.
- The defending team at the kick-off must be at least 2 metres from the ball.
- The ball must be passed backwards to start/restart the game and you cannot be offside from a kick-off.
- Umpire Respect and Dissent
- Please be respectful of the referees and opposition at all times. Offensive or abusive actions towards a referee may result in a player being banned from the centre.
- The referee's decision is final and will be used to settle any disputes regarding goals, out of play, fouls, etc.
- The referees also have the authority to caution and send-off players in conjunction with the 'FIFA – Futsal Laws of the Game 2022/23'.

Fouls and Free Kicks

- Free kicks can be indirect or direct:
 - **Indirect:** *in this situation, a goal can only be scored if another player from either team touches the ball after it has been kicked.*
 - **Direct:** *a goal can be scored directly from the free kick without the ball touching another player.*
- All free kicks must be taken within 4 seconds of being in position/ready to play. Failure to do so will result in a turnover.
- There is no count down for kick-offs and penalty kicks.
- The free kick taker may not touch the ball before it has touched any other player after the kick in.
- The type of free kick and four second count down must be clearly identified and shown by the referee.
- A direct free kick will be given for any offence towards a player considered careless, reckless, or excessive. The following are examples:
 - Charging, pushing and holding an opponent,
 - Jumping in,
 - Kicking/striking or attempting to kick/strike,
 - Tackles or challenges,
 - Slide tackling (no slide tackles are allowed),
 - Tripping/holding or attempting to trip,
 - Deliberate handball.

- The following are examples of fouls that can result in an indirect free kick:
 - Impeding an opponent without contacting the ball,
 - Dissent or offensive language,
 - Preventing the keeper from releasing the ball,
 - An accidental handball,
 - Any other offences not already covered.
- A list of caution and send-off offences can be found at 'FIFA – Futsal Laws of the Game 2022/23.'
- If the ball goes out of play over the side boundaries, it is kick-in on the line for the opposing team from where the ball went out.
- If the ball goes out of play over the end line off the defending team, the attacking team receives a corner kick.
- In all free kick situations, the defending team must be at least 2m from the spot at which the kick is being taken. In the case of a corner, the defenders must be at least 5 metres from the where the corner occurs.
- In the result of penalty kick being awarded, the kick will be taken from the basketball free throw line, with all other players lining up behind the 1/3 line of the netball court.
- If a player is red-carded, they may not enter onto the field of play for the remainder of the game. The cautioned team cannot replace the carded player until 2-minutes has passed or the opposition scores a goal, whichever occurs first.
- If a penalty kick has been awarded before the end of the game, they team awarded the penalty is able to take their kick, even if it would occur after the siren.
- Any direct free kick awarded after six accumulated fouls in a half of play will result in a penalty kick being awarded against the offending team.

Substitutions

- There is no limit to the number of substitutions that a team can make.
- Teams can sub players on and off when they want without stopping the game as long as they do not have more than five players on the pitch at any one time.
- If teams wish to sub their goalie off the field, they must notify the referee and wait for play to stop to make the change.
- If the player subbing on enters the pitch before the player subbing off, they may be cautioned.

Other

- When taking an end ball, it must be thrown out by the goalkeeper and must be touched by any other player before crossing the halfway line.
- After a keeper has taken an end ball, it must touch any other.
- Referees have full authority over the game and its proceedings. Disrespect towards an umpire or opposition players will not be tolerated and may result in player/s being cautioned. The umpires decision is final.
- Any rulings/disputes not stated in this document will be based on the 'FIFA – Futsal Laws of the Game 2022/23'.
- Defending players must be a distance of at least 2 metres from the opposing free kick taker, except for when a corner is being taken as they must then be at least 5 metres away.
- All players must be listed on the scorecard in order to play in the match.

Uniforms

- Players from the same team should be wearing the same colour shirt to distinguish between teams, except for the goalie who may wear a different colour.
- If using a field player as a goalie, bibs will be worn by the goalie.
- If two teams have the same colour shirt, bibs will be used to differentiate the teams.
- It is highly recommended that players wear shin pads.
- Players must be make sure they are not wearing marking shoes on the court and must remove jewellery prior to the game.

Forfeits and fill-ins

- Forfeits made more than 48 hours prior to kick-off will not incur a forfeit fee.
- **Forfeit rule:** a call must be made to the Donnybrook Recreation Centre in order to forfeit.
 - a. If the forfeit is made *less than 24hrs prior* to the game commencing, the team is obliged to pay half of the game fee (\$27.50)
 - b. If a team forfeits *after 2pm on game day* they will be required to pay the full game fee (\$55.00).
 - c. If team gives *no notice of a forfeit and does not attend the game or is late*, they will have to pay double the match fee (\$110.00)
- Fill-ins are allowed, but they must sign their name on the fill-in sheet at the kiosk prior to kick-off.
- Any fill-in that plays more than a third of the games in a season must then be listed on the registration form.